

Porto, Portugal

27-30 May 2025



57th CIECA Congress

CONTACT / INFORMATION

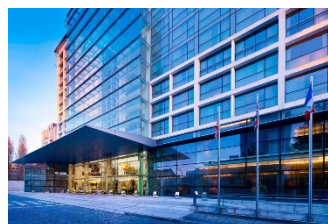
Maria João Coelho
Congress Coordinator

Mobile: (+351) 93 169 9477 (call for the national mobile network)
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VENUE ADDRESS

Sheraton Porto & Hotel Spa Congress Centre

Rua Tenente Valadim 146,
Porto, Portugal, 4100-476
Toll Free: +351-800-207670
Fax: +351 220-404199



REGISTRATION

Congress registration at <https://cieca2025.com/>

Registration deadline on the 26th April.

If you have any questions about registration, please contact Maria João at maria.j.coelho@abreu.pt or (+351) 93 169 9477 (call for the national mobile network).

Please note: When filling in this event registration form, you will be able to:

- Register yourself for the event (as CIECA member/non-CIECA member).
- Register separately your accompanying partner(s), e.g. husband, wife.
- Reserve pre-booked rooms at the Sheraton Porto Hotel & Spa (the congress venue) or the nearby Bessa Hotel Boavista, subject to availability.
- Make payment via bank transfer or credit card for all selected options.

After submitting your registration, you can later add an social event. However, you will not be able to edit your main event registration, or add any additional room. If you need to make any other changes, please contact: maria.j.coelho@abreu.pt or (+351) 93 169 9477 (Portuguese mobile number).

Please note that registration is valid upon receipt of payment. On-site registration and payment will not be available.

CANCELTION

No cancellations allowed.

If you have any questions about cancellation, please contact Maria João at maria.j.coelho@abreu.pt or (+351) 93 169 9477 (Portuguese mobile number).

PAYMENT

Payment deadline on **30th April**.

Payment can be made by bank transfer or credit card directly on the registration form where more details will be provided on the payment section.

INVOICE

After completing your registration, you will receive an invoice from this email address: abreuevents@abreu.pt. Please check your spam folder, as this e-mail may end up there.

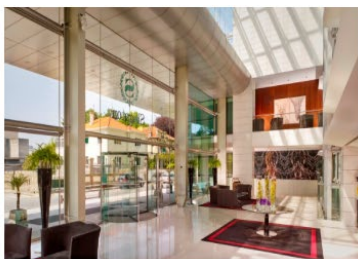
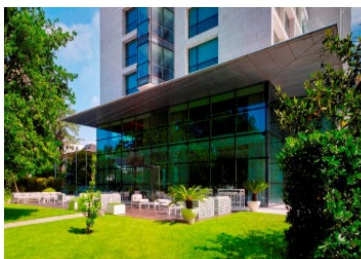
FEES

Date	Event	CIECA Members	CIECA Members' Partners	Non-CIECA Members	Non-CIECA Members	Non-CIECA Members' Partners
27 May	Welcome Reception	incl.	incl.	-	-	-
28 May	CIECA General Assembly & Members' Forum	incl.	-	-	-	-
28 May	CIECA Dinner	incl.	incl.	-	-	-
29 May	CIECA Congress	incl.	-	incl.	incl.	-
29 May	Gala Dinner	incl.	incl.	incl.	-	incl.
SUBTOTAL Congress Package		570,00 €	210,00 €	240,00 €	140,00 €	100,00 €
28 May	Partner Programme	-	98,00 €	98,00 €	98,00 €	98,00 €
29 May	Partner Programme	-	110,00 €	-	-	110,00 €
30 May	Social Programme (Excursion)	150,00 €	150,00 €	150,00 €	150,00 €	150,00 €
TOTAL all Program		720,00 €	568,00 €	488,00 €	388,00 €	458,00 €

ACCOMODATION

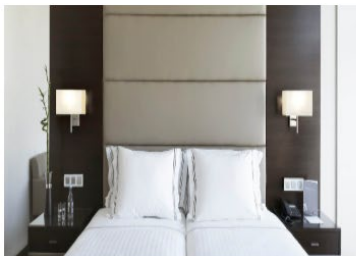
Sheraton Porto Hotel & Spa***** (the congress venue)

- Single room B&B (city tax not included) – price per room per night - € 185.00
- Double Room B&B (city tax not included) – price per room per night - € 205.00
- Address: Rua do Tenente Valadim 146, 4100-479 Porto
- Contact: +351 220-404000
- Website: [Sheraton Porto Hotel & Spa - Luxury Retreat near Historical Sites](#)



Bessa Hotel Boavista****

- Single room B&B (city tax not included) – price per room per night - € 176.00
- Double Room B&B (city tax not included) – price per room per night - € 191.00
- Address: Rua Dr. Marques de Carvalho, 111, 4100-325 Porto
- Contact: +351) 226 050 000
- Website: [Home - BessaHotel Boavista](#) | [Official Website](#) | [Hotel in Porto - Hotel](#)



For other options, book through Abreu Events hotel reservation online system to benefit from:

- the best rates for a wide variety of hotels.
- easy and secure booking and payments.
- by clicking on the website button “accommodation Booking”, you will be able to select the desired dates, and you will have **different units available and dynamic prices**. Reservations and payment are made directly online, where a confirmation email will be sent with the payment receipt and an email with the corresponding voucher.
- **We strongly suggest you to use the "View On Map" option, where you will see the distances to the conference venue.**

Most of the selected hotels are within walking distance to the Congress venue. Rates do not include city tax, which is paid directly at the hotel during check-in.

Be aware of fake websites. There are an increasing number of fake websites claiming to offer hotel services. The Congress secretariat would like to alert all participants to be aware of possible scams, and to only use trusted online registration and accommodation services for bookings.

VERY IMPORTANT: PORTO IS IN HIGH DEMAND DURING THIS PERIOD, SO EARLY BOOKING IS STRONGLY RECOMMENDED!

PRACTICAL INFORMATION

If you're visiting Portugal or Porto for the first time, here are some key things to know:

1. Arrival & Transport

- **Airport:** Porto's **Francisco Sá Carneiro Airport (OPO)** is about **20 minutes from the city center** by metro, taxi, or bus.
- **Public Transport:** The **Metro do Porto** is reliable, and buses and trams connect key areas.
- **Taxis & Rideshares:** Taxis are common, and apps like **Bolt and Uber** work well.
- **Walking:** Porto is **hilly**, so wear comfortable shoes!

2. Language & Communication

- **Portuguese** is the official language, but English is widely spoken in tourist areas.
- Learn a few basics:
 - “Olá” (Hello)

- “Obrigado/a” (Thank you - male/female)
- “Por favor” (Please)

3. Money & Payments

- **Currency: Euro (€)**
- **Cards:** Credit/debit cards are widely accepted, but some small cafés prefer cash.
- **ATMs (Multibanco):** Easy to find, but avoid the high-fee **Euronet** machines.

4. Safety & Emergencies

- Portugal is **one of the safest countries** in Europe, but beware of **pickpockets in crowded areas**.
- **Emergency number: 112** (for police, ambulance, fire).
- Keep an eye on your belongings, especially in tourist hotspots.

5. Pharmacies

- Have a **green cross** sign
- Websites like Farmácias de Serviço allow you to search for nearby pharmacies and check their opening hours.

6. Food & Dining

- Try **Francesinha** (Porto’s famous sandwich), **Bacalhau** (codfish), and **Pastel de Nata** (custard tart).
- **Tipping:** Not required, but rounding up or leaving **5-10%** is appreciated.
- **Dining times:** Lunch (12:30–3 PM), Dinner (7:30–10 PM).

7. Weather & Clothing

- In **late May**, Porto has **pleasant spring weather**, with temperatures around **15-25°C (59-77°F)**.
- It can be **sunny but occasionally rainy**, so bring a **light jacket and an umbrella** just in case.
- Evenings can be **cooler**, so layering is a good idea.

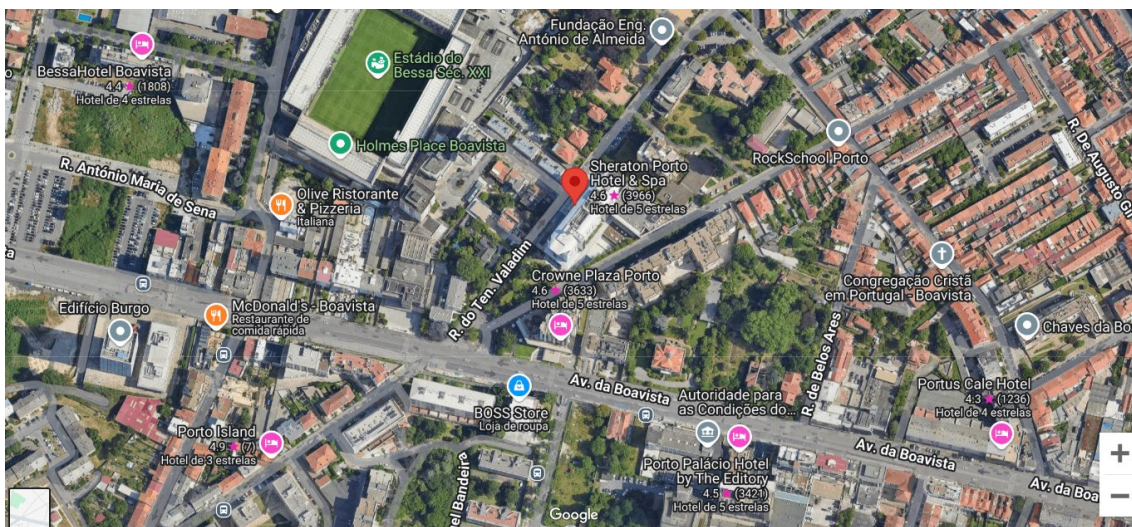
8. Cultural Tips

- Portuguese people are **friendly and polite**. Greet with a handshake or two kisses (among friends).
- **Queuing is informal**—expect people to be relaxed about lines.

9. Shop Opening Hours in Porto

- **Regular Shops:** Open Monday to Friday, 9 AM – 7 PM (some close for lunch from 1 PM – 3 PM).
- **Shopping Malls:** Open daily, usually 10 AM – 11 PM (no siesta).
- **Supermarkets:** Typically 8 AM – 9 PM, some larger ones until midnight.
- **Small Businesses:** May close for lunch breaks (siesta-style) from 1 PM – 3 PM.
- **Sundays & Holidays:** Many small shops close, but malls and supermarkets stay open.
- While Portugal doesn’t have a strict “siesta” like Spain, some smaller local stores may close for a few hours in the afternoon, especially outside tourist areas.

TRAVEL



The Sheraton Porto Hotel & Spa is located at **Rua Tenente Valadim, 146, Porto, Portugal 4100-476** - [Hotel Website](#)

Sheraton Porto Hotel & Spa is located in Porto's modern business district, 15 minutes by car or around 40 minutes on foot from the city centre

Here are a few ways to get there:

1. **By Car:** If you're driving, you can use a GPS or a map app to navigate to the address. The hotel offers on-site parking for €25 per day
2. **By Public Transport:**
 - **Metro:** There's a direct metro route from Porto Airport to Sheraton Porto (Francos Station); You can reach the metro station walking 5 min from the arrivals terminal. The journey takes around 30 min and the ticket price is **EUR 2.25 (zone Z4) plus the one time fee for the Metro Card (Andante) EUR 0,60**. For more information, please visit Metro do Porto website: <https://en.metrodoporto.pt/>
 - **Bus:** Several bus lines stop near the hotel. You can check local bus routes for the most convenient option.
3. **By Taxi or Ride-Sharing:** The Porto airport taxi ride will take approximately 30 minutes into the city. On Saturdays, Sundays and public holidays (all day) and every day between 9 pm and 6 am, the rates increase 20%.

INSURANCE

During the stay in Portugal, participants are not insured either by CIECA or ANIECA. Participants are responsible for arranging their own health, accident and liability insurance. CIECA and ANIECA will not accept any responsibility for this.

EXHIBITORS

To be able to exhibit in the Congress, please download the form and send it to Eva Mateo (eva.mateo@cieca.eu).

For **further information about Exhibition area**, please send a message to correio@anieca.pt.

SOCIAL PROGRAMS

DISCOVERING PORTO TOUR – HALF DAY (MAY 28th, Wednesday)

02.00 pm Departure from the Sheraton Porto & Hotel, for a half day tour to Porto.

Visit to the capital of the North of Portugal and UNESCO World Heritage site, Porto, which has one of the most remarkable historic centres across Europe. We will have a short walking tour through the noble corners of the city, visiting São Bento Train Station and continuing down to the Ribeira quarters, a UNESCO World Heritage site overlooking Gaia and the Port Wine Cellars on the other bank of the river. Visit to a Port Wine Cellar with tasting.

The tour ends with drop-off at the Sheraton Porto & Hotel.

Included:

- Transportation
- Assistance of an Official English-Speaking guide
- Walking tour of the city of Porto
- Professional tour guide
- Entrance to and guided visit of a Port wine cellar
- Port wine tasting
- Personalized service



DISCOVERING GUIMARÃES TOUR – HALF DAY (MAY 29th, Thursday)

02.00 pm Departure from the Sheraton Porto & Hotel, for a half day tour to Guimarães.

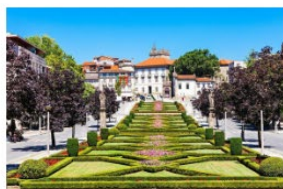
Guimarães, a UNESCO World Heritage site and an ancient northern city, is known as the cradle or birthplace of Portugal, so its wealth of cultural heritage is hardly surprising. The city has a pleasant and well-preserved historic heritage, where the castle, as well as its medieval streets stand out.

There may not be much left inside the walls, but Guimarães Castle looks impressive from the outside. A magnificent bronze statue of Portugal's first king, Afonso Henriques, welcomes you into the castle grounds. You will also visit the Ducal Palace, built in Guimarães between 1420 and 1422. The imposing building is most noticeable for its abundance of tall red brick chimneys, which you can get a good view of from the castle battlements.

Enjoy a stroll through the charming streets of the well-preserved historical centre. Take some time to visit local shops and cafes and soak up the relaxed atmosphere.
The tour ends with a drop-off at the Sheraton Porto Hotel & Spa.

Included:

- Transportation
- Assistance of an Official English-Speaking guide
- Entrance in Guimarães Castle and Ducal Palace
- Personalized service



DISCOVERING DOURO TOUR – FULL DAY (MAY 30th, Friday)

09.00am Departure from the Sheraton Porto & Hotel for a full day Tour to Douro Region.

10.45am arrival to Quinta da Pacheca for visit and wine tasting.

Lunch follows, served in one of the Quinta's rooms.

In the afternoon we will continue along the famous N222 road to Pinhão. The group will take a cruise approximately 1 hour and be able to admire the fantastic landscapes of the Douro Demarcated Region, the oldest regulated wine-growing region in the world. The cultural landscape of Alto Douro combines the monumental nature of the Douro river valley, made of steep slopes and poor, rugged soils, with the ancestral and continuous action of Man, adapting the space to the Mediterranean-type agricultural needs that the region supports.

Return to Porto. The tour ends with drop-off at the Sheraton Porto & Hotel.

Included:

- Transportation
- Assistance of an Official English-Speaking guide
- Guided tour and tasting of 3 Douro wines + 2 Port Wines (LBV or Vintage)
- Lunch and Cruise during 1 hour



